

TRICO CORPORATION

COMPLETE MENTAL HEALTH SERVICES



Experiencing the Dawn®

TRICO Corporation: At-a-Glance

What's Inside:

About the TRICO Corporation	1
Outpatient Clinical Services	1
Our Partners	2
Psychiatric Rehabilitation Program (PRP)	2
The Rainbow Community Shop	2
Children's Psychiatric Rehabilitation Programs	2
TRICO Foundation: We are at a crossroads...	3

Special points of interest:

- The TRICO Corporation is a 501(c)(3) private, non-profit, charitable corporation.
- TRICO serves 900 (plus) persons annually.
- TRICO's mission is to provide the highest level of mental health assessment and treatment services to all persons regardless of their ability to pay, in collaboration with other mental health, medical, and professional human services organizations.
- TRICO was founded in 1987.

About the TRICO Corporation

The TRICO Corporation is a 501(c)(3) private, non-profit, charitable corporation founded in 1987 by a diverse group of professionals to **provide the highest level of mental health assessment and treatment services to all persons regardless of their ability to pay, in collaboration with other mental health, medical, and professional human services organizations.**

Additionally, TRICO was designated a 509(a)(2) publicly funded foundation enabling more flexibility in distribution of available funds to individuals and families in need of food or critical life services. The TRICO Corporation is unique because it provides comprehensive mental health services to all persons who come **regardless of their ability to pay.**



Outpatient Clinical Services



TRICO provides mental health services to children, adolescents, adults, and families at outpatient clinics in Lexington Park (St. Mary's County) and Waldorf (Charles County). We also provide services at 14 locations in five Maryland counties for homeless women, men, and families, persons with physical and develop-

ment disabilities, persons with substance abuse issues and persons with serious mental illnesses. We are in need of clinicians to meet the needs at all of these locations.

Specific services provided are:

Individual, group, and family counseling/psychotherapy
Marriage couples counseling
Specialized/Focused Groups and Counseling, for example:

- Depression/bipolar
- Anger Management/Control
- Marriage Enrichment
- Families of persons with serious mental illness
- Parental issues/Parenting
- Staff care of persons with disabilities
- Boundary Issues
- Sexuality
- Obsessions/Addictions
 - ◆ Substances
 - ◆ Sexual
 - ◆ Eating Disorder
 - ◆ Anger
- Families of ADHD (child and adult)

Our Partners

TRICO always strives for excellence in professional service, including reaching all who ask for help, through caring, sensitive multidisciplinary teamwork. To this end, TRICO offers a team centered approach to partnering with many other human service agencies including:

- Boards of Education
- Core Service Agencies (Charles, St. Mary's, Prince Georges, Montgomery, Calvert counties)
- Department of Juvenile Services
- The ARC of Southern Maryland
- Melwood Horticulture Center
- Spring Dell Center
- Center for Life Enrichment
- CHI Centers
- Three Oaks Center
- Catholic Charities - Angels Watch
- Jude House
- Vesta
- New Horizons
- Maryland Neighborly Networks
- National Alliance for the Mentally Ill of Southern Maryland
- Department of Social Services
- Southern Maryland Center for Life
- Alternatives for Youth and Families – The Lighthouse group home
- Brain Injury Association of Maryland
- Epilepsy Association of Maryland

Psychiatric Rehabilitation Program (PRP)

The TRICO licensed Psychiatric Rehabilitation Program provides much needed experiences and support to adults and children with serious mental illnesses. Adjusting to the positive, mind-clearing effects of therapeutic dosages of psychiatric medications is critical as people emerge from the clouded, confusing valley of mental disorder into the bright clear visibility of rehabilitation.

The TRICO rehabilitation staff welcomes all

who come into an atmosphere of acceptance and *challenge*. Life and living skills are modeled and experienced. Social skills and day-to-day interactions are integrated parts of all psychiatric rehabilitation experiences within this comprehensive program.

Participants are *enabled* to participate in roles where they feel comfortable. They are *encouraged* to *achieve* in areas of inter-

est to them. *All* are striving for the *least* amount of *dependence* available within themselves. Of course, individual *independence* is achieved by many. For others, *independence* within group situations is a realistic achievable goal.

All strive to achieve their own, realistic goals that will enhance their quality of life... *for the rest of their lives*.

The Rainbow Community Shop

The Rainbow Community Shop is a group of individuals who come together to organize a business enterprise that will utilize and "recycle" items that have brought joy and happiness to others. The Rainbow Community is designed to provide us with a business operation that serves our friends and neighbors and provides useful and enjoyable products.

The Rainbow Community is currently in the need of supplies in order to further its mission. Future endeavors will include semi-annual art exhibits to offer a unique opportunity for participants to share with the

community their special abilities. Leadership opportunities for participants foster creativity, increase communication skills, and provide positive vocational experiences.

"Our goal is to give us a sense of achievement in our life".

**People Working Together
Providing Quality Products
To Our Neighbors
And Friends.**



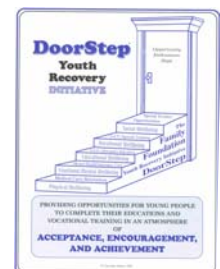
Children's Psychiatric Rehabilitation Programs

The TRICO Children's Rehabilitation Program efforts equal the intensity and content of the adult counterpart. Added to the children's rehabilitation equation are both very real developmental issues and availability of family support. When the TRICO child psychiatrist or other licensed mental health professionals feel that a child or adolescent will benefit from these reha-

bilitative services, the individuals and their families are assessed to assure communication and cooperation between the rehabilitation staff, home, school, medical, recreation, and social components of their lives.

An important aspect of this **DoorStep**® system is the plan to help any *parent* or *caregiver* who asks or needs help for them-

selves in parenting or *any* life skill that will enhance their ability to raise their children.



TRICO Foundation: We are at a crossroads...

Through two decades of service, TRICO has strived to perform its mission. Our vision is a reality through the dedication and commitment of professional, direct care, and administrative staff. Through these two decades we have, in fact, provided comprehensive and professional mental health care in partnership with other human service agencies to all who come to us, regardless of their ability to pay. We are at a crossroads. Our desire is to continue and enhance these initial services to all who come to us. However, we have passed the point where the fees for services that we provide do not cover the depth and complexity of our comprehensive services.

In order to continue the high level of quality clinical and rehabilitation services, TRICO is turning to the charitable mission of the TRICO Foundation. The Foundation/Development Division has the following goals for 2007:

• **Outpatient Clinical Services**

Provide much needed support to our Clinical and Rehabilitation Services by:

- ◆ Meeting a financial goal of \$412,776
- ◆ Recruiting, training, and paying for three full time mental health professionals to meet the unfilled needs of six agencies.
- ◆ Acquiring Grantwriter Services to assist in fundraising efforts.
- ◆ **DoorStep® - Youth Recovery Initiative**



tiative

A unique, comprehensive service to troubled young people and their families who are challenging to the current Human Services community resources. DoorStep® provides comprehensive services to youth and their families. The financial goal for **Door-Step®** is to provide service for 10 children and 4 families at a cost of \$560,000.

Note: An investment in a child will potentially save the public \$650,000 for future interventions.

• **Emergency Individual Assistance**

Providing emergency funds to our Maryland neighbors for food, utilities, clothing, or other subsistence needs. The financial goal for this area is \$10,000.

• **Building Purchase/Renovation**

We are always striving to locate in critical, "Hotspot" areas where our TRICO comprehensive services are needed most (including clinical, rehabilitation, emergency shelter/food, youth and adult recreation).

• **Other Capital Purchases**

We continuously strive for state of the art programs, Fiscal and Management information equipment enabling us to manage and provide the most effective and efficient services. Critical needs this cycle include:

- ◆ Replacing the TRICO telephones systems that present barriers to satisfactory clinical communications.
- ◆ Purchasing and implementation of clinical scheduling and billing software
- ◆ Purchasing computer workstations in 20 additional clinical services locations supported by a server
- ◆ Enhancement of TRICO outreach and educational support by updating the TRICO Web page
- ◆ Purchasing LCD projectors to improve presentations for outreach and fundraising efforts.
- **Rainbow Community Shop**
Another unique concept that enables persons with disabilities to manage and operate their own business. TRICO's contribution to this effort has ranged from \$7,000 to \$12,000 annually.
- **Psychiatric Rehabilitation Program**
TRICO's services include a State Licensed Psychiatric Rehabilitation Program, currently operating in Lexington Park and Waldorf. We look for support for our \$53 per day per person state reimbursement rate for all program services, including transportation.

• **Other**

Because of the diversification of our TRICO services, we ask you to suggest areas where we might provide needed services.

• **Legacies**

Though "legacies" is not a separate account, we look to you and your family for possibly partnering with TRICO in the form of:

- ◆ Wills – including TRICO in your own Will or your family members' will(s) and
- ◆ Life Insurance – Making TRICO a beneficiary of your life insurance is a caring and practical way of partnering with TRICO as we strive to serve in the future. (Please note that TRICO can pay the premiums. (Let's talk about it!))
- **Donations other than above**
What do you have that might help TRICO with our services, or that can be liquidated for cash to help with any services? Cars? Boats? Furniture? Collectibles? **And...they are tax deductible.**

WE INVITE YOUR SUPPORT AND PARTNERSHIP. PLEASE INDICATE YOUR DESIRE FOR PARTNERING WITH TRICO BY COMPLETING THE BACK OF THIS PUBLICATION. THANK YOU FOR YOUR HELP!



Need more information?

Contact us at:

Corporate Support

Mailing Address: P.O. Box 826
Lexington Park, MD 20653
Physical Address: 21770 FDR Blvd - Millison Plaza
Lexington Park, MD 20653
Phone: 301-862-4966
Fax: 301-862-5554
Email: tricocorp@verizon.net

Clinics

St. Marys County 21770 FDR Blvd - Millison Plaza Lexington Park, MD 20653 Phone: 301-862-4961	Charles County Smallwood Bldg. 2670 Crain Hwy, Suite 525 Waldorf, MD 20601 Phone: 301-632-2100 Phone: 301-870-7033
---	--

Our Website:

WWW.TRICOCORP.ORG

THANK YOU FOR ALL YOUR HELP!
(PLEASE ENTER INFORMATION AND MAIL)

Contact Information

Name: _____
Address: _____
City: _____
State: _____ Zip Code: _____
Phone No.: _____

Payment Method

- Cash (Amount) \$ _____
- Check (Amount) \$ _____
- Installments: \$ _____
Total \$ _____
- Monthly Quarterly
- Legacy (Wills/Life Insurance)
- Other Donations

Credit Card

- Master Card Discover Visa American Express
- Card #: _____
- Expiration Date: _____
- Signature: _____
- Date: _____

Please Indicate Your Desire for Partnering

<input type="checkbox"/> Outpatient Clinical Services: Provides much needed financial support to our Clinical and Rehabilitation	\$ _____
<input type="checkbox"/> DoorStep® - Youth Recovery Initiative: Comprehensive services to troubled young people and their families.	\$ _____
<input type="checkbox"/> Emergency Individual Assistance: Providing emergency funds to our Maryland neighbors for food, utility, clothing, or other subsistence needs.	\$ _____
<input type="checkbox"/> Building Purchase/Renovation: Locating to areas where services are	\$ _____
<input type="checkbox"/> Other Capital Purchases: Equipment enabling us to manage and	\$ _____
<input type="checkbox"/> Rainbow Community Shop: Enable persons with disabilities to	\$ _____
<input type="checkbox"/> Psychiatric Rehabilitation Program: State Licensed Psychiatric Rehabilitation Program.	\$ _____
<input type="checkbox"/> Other: Please specify.	\$ _____

Legacies:

- Wills
- Life Insurance

I want to volunteer time:
(Days and time available)

I want to write a letter of support for all of TRICO's efforts:
(Please include letter)

REMEMBER: ALL DONATIONS ARE TAX DEDUCTABLE! EIN: 52-1549336